

# Dr. Sumera Kulsoom

**Lecturer in Education,  
University of Education, Multan Campus,  
Bosan Road, Multan, Pakistan.**

Address:  
House # 347, K Block, Shah Rukn-e-Alam,  
Multan, Pakistan  
❖ E-mail: [sumerasfee@gmail.com](mailto:sumerasfee@gmail.com)  
❖ Phone: +92-321-7399680

Father's Name: Muhammad Tufail  
Gender: Female  
N.I.C. No: 36302-3680679-2

Date of Birth: 23, Jun, 1984  
Marital Status: Married  
Nationality: Pakistani

## CAREER AIM

To work in a dynamic, professional and challenging working environment, where I can utilize my skills and knowledge in a most efficient way and to be a team member of a progressive organization

## ACADEMICS

Year	Degree / University	Division
2014-2017	Ph.D Education The Islamia University of Bahawalpur	1 <sup>st</sup> Division
2008-2010	M.Phil Education BZU, Multan	1 <sup>st</sup> Division
2004-2006	M.A Education University of Education, Lahore.	1 <sup>st</sup> Division
2001-2003	B.A (Humanity group) BZU, Multan	1 <sup>st</sup> Division
1999-2001	F.A (Humanity group) Board of Intermediate & Secondary Education Multan.	1 <sup>st</sup> Division
1999	S.S.C (Humanity group) Board of Intermediate & Secondary Education Multan.	1 <sup>st</sup> Division

## PROFESSIONAL STATEMENT

To work in such an atmosphere where I can learn and use my skills to prove my ability and to satisfy my ambitions for the Education sector.

## PROFESSIONAL EXPERIENCE

### University of Education, Lahore.

❖ Lecturer in Education, Multan Campus.

(March 2012 to Present)

## PROFESSIONAL ACTIVITIES & TRAININGS

- ❖ Resource Person in Short Term In-Service College Teachers' Training (APRIL 06,2015 to APRIL17,2015).
- ❖ Participation in Cascading AIT Based Training Program on Capacity Building (JANUARY 06, 2014 to JANUARY 08, 2014)
- ❖ Participation in Cascading Workshop on Research Methodology, Testing and Assessment (JUNE 04,2012 to JUNE 07,2012)

## SKILLS

- ❖ Negotiation Skills
- ❖ Team Management Skills
- ❖ Goal Oriented Skills
- ❖ Operational Skills
- ❖ Good Leadership Skills
- ❖ Good Work Ethics
- ❖ Good Presentational Skills for Both FORMAL and INFORMAL

## COMPUTER LITERACY:

- ❖ MS Office (Word & Excel), Internet

## LANGUAGES

- ❖ Urdu
- ❖ English
- ❖ Punjabi

## PUBLICATIONS

Kulsoom, S., & Hussain, I. (2020). Analyzing Factors Affecting Social-Emotional Competence at Secondary Level. *Global Educational Studies Review*, 3, 373-384.

Kulsoom, S., Akram, I., & Gardezi, S. M. Z. (2023). Relationship between Social- Emotional Competence and Students Academic Achievement. *Research Journal of Social Sciences and Economics Review*, 4(1), 173-179.

Kulsoom, S., Hussain, I., Raza, S., & Ghani, S. (2021). Effectiveness of scaffolding instructions for speaking skill of secondary school students in Punjab. *Ilkogretim Online*, 20(2), 1000-1008.

Naeem Sarwar, M., Shahzad, A., Ullah, Z., Raza, S., Wasti, S. H., Shahili, M. & Faizan Nazar, M. (2024, February). Concept mapping and conceptual change texts: a constructivist approach to address the misconceptions in nanoscale science and technology. In *Frontiers in Education* (Vol. 9, p. 1339957). Frontiers Media SA.

Raza, S., Ghani, S., Kulsoom, S., & Sarwar, M. N. (2022). Effect of Task Based Instructions on English Speaking Skills at Elementary School Level . *PalArch's Journal of Archaeology of Egypt/Egyptology*, 19(3), 549-558.

Raza, S., Kalsoom, S., Ghani, S., & Sarwar, N. (2022). Effect of In-Service Training on Elementary School Teachers' Professional Development. *PalArch's Journal of Archaeology of Egypt/Egyptology*, 19(4), 331- 349.

Raza, S., Kulsoom, S., & Ullah, S. (2024). IMPACT OF CONTEXTUALIZED TEACHING MODULES ON ENHANCING CONCEPTUAL UNDERSTANDING OF SECONDARY SCHOOL STUDENTS OF MULTAN DISTRICT. *Contemporary Journal of Social Science Review*, 2(04), 1775-1784.

Raza, S., Kulsoom, S., & Ullah, S. (2025). Emotional intelligence and its association with stress coping strategies among secondary school students in Multan district Social Sciences Spectrum 4(1):93-102

Sarwar, M. N., Javed, Z., Farooq, M. S., Nazar, M. F., Wasti, S. H., Butt, I. H. & Ullah, Z. (2024). Impact of a Digital Growth Mindset on Enhancing the Motivation and Performance of Chemistry Students: A Non-Cognitive Approach. Societies, 14(8), 133.

Sarwar, M. N., Kulsoom, S., & Ullah, S. (2023). Development and Validation of Lesson Plans based on Growth Mindset Activities. Journal of Development and Social Sciences, 4(3), 120-130

Younas, Z., Kulsoom, S., & Ullah, S. (2025). The STEM readiness paradigm: Mapping teacher competencies and innovation pathways in Punjab's public schools. Social Sciences Spectrum, 4(1), 456-475.

Afzal, A., Ghani, S. & Kulsoom, S. (2025). Beyond Efficiency: How Artificial Intelligence Redefines the Purpose of Teaching in Universities. Journal of media horizon 6 (5), 691-701

YOUNAS, Z., SARWAR, M. N., RAZA, S., & KULSOOM, S. (2025). A COMPARATIVE ANALYSIS OF AI-GENERATED AND INSTRUCTOR-DESIGNED LESSON PLANS: UNDERGRADUATE ACADEMIC ACHIEVEMENT IN NUCLEAR PHYSICS. TPM-Testing, Psychometrics, Methodology in Applied Psychology, 32(3), 1295-1310.

SHAHZAD, M. A., JAVED, Z., SABA HANIF, S. R., YOUNAS, Z., KULSOOM, S., SARWAR, M. N., & BARI, S. (2025). PROMOTING EMOTIONAL INTELLIGENCE TO STRENGTHEN RESILIENCE, SCIENCE LEARNING, AND INCLUSIVE SUPPORT FOR STUDENTS WITH DISABILITIES. TPM-Testing, Psychometrics, Methodology in Applied Psychology, 32(S6 (2025): Posted 15 September), 2158-2174.

**REFRENCE WILL BE FURNISHED ON DEMAND.**

---